

LIFELONG LEARNERS PLEASE READ CAREFULLY!

Lifelong Learners is a not-for profit community-based organization for those who share a love of learning. This spring, we continue with Tuesdays in March, eight one-off courses in March 2026. The cost of a one session course is \$15.00.

We will not be mailing brochures this year so go to the Senior Center to pick up a copy or view them online at fairfieldct.org/Bigelow. Register early and mark your own calendar so you don't forget to come to the course(s) you picked. Registration begins February 2nd, 2026.

Out-of-town members must have their \$25 annual membership fee paid prior to registration. You will not be able to register for classes without it, and you will not be fully registered until payment is received. If you are an out-of-town resident, please remember to mail a check for \$25 addressed to the Bigelow Center.

Once you are a member of the Center, registration for Lifelong Learners classes may be done in the following ways:
Register paying by credit card online on your myactivecenter account. (If you have not yet created an account, please call the Center for instructions on how to set up your account.)

In-person at the Center with cash or check.
No credit cards accepted at the Center.
Mail in your registration and payment to:
**The Bigelow Center, 100 Mona Terrace,
Fairfield, CT. 06824.**

2026 TUESDAYS IN MARCH REGISTRATION

(Please submit a separate application form for each student.)

Tuition is \$15 per course, plus a one-time \$25 registration fee valid Sept.- June for out-of-Fairfield residents.

Name: _____

Phone#: _____

Email: _____

Address: _____ Apt. #: _____

Town: _____

State: _____ Zip: _____ New Address? _____

Course Title: _____

Course Title: _____

Course Title: _____

Course Title: _____

Course Title: _____

Course Title: _____

Out-of-Town Fee

(September-June) if not already paid \$25 _____

of Courses x \$15.00 _____ = \$ _____

Total Due & Enclosed = \$ _____

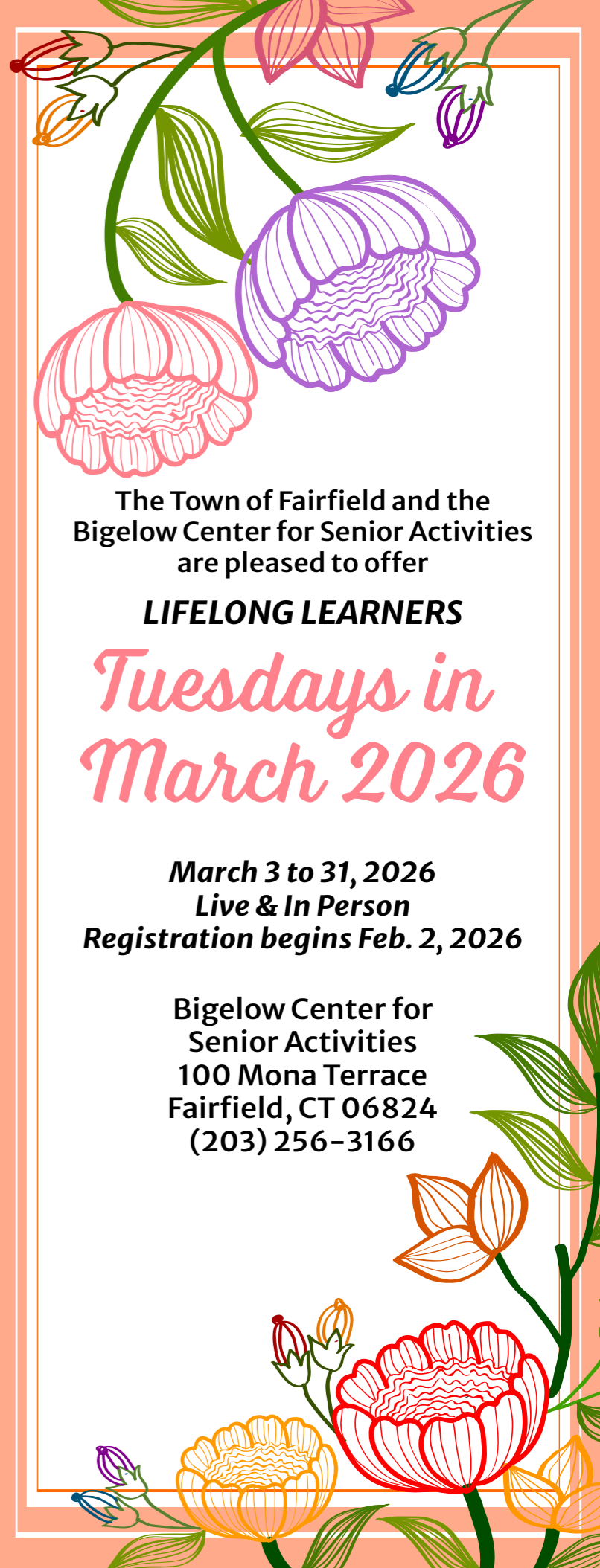
Please make checks payable to and mail to:

Bigelow Center for Senior Activities
100 Mona Terrace
Fairfield, CT 06824

For further information
phone (203) 256-3166

The Bigelow Center
for Senior Activities
100 Mona Terrace
Fairfield, CT 06824

The Fairfield Senior Center
is a program of the
Town of Fairfield



The Town of Fairfield and the
Bigelow Center for Senior Activities
are pleased to offer

LIFELONG LEARNERS

*Tuesdays in
March 2026*

**March 3 to 31, 2026
Live & In Person
Registration begins Feb. 2, 2026**

Bigelow Center for
Senior Activities
100 Mona Terrace
Fairfield, CT 06824
(203) 256-3166

APPRECIATION AND VALUATION OF BORDEAUX WINES

Thomas Philips

Tuesday, March 3rd, 10:00 A.M. to Noon

Explore the fascinating controversy between wine connoisseurs regarding the quality and price of a region's wine and its variance over various vintages. What are the determining factors and how critical is its weather? Additionally, we all know red wine is heart healthy...is it really, so?

Thomas Philips is an Adjunct Professor in the Department of Finance and Risk Engineering at NYU Tandon School of Engineering where he teaches Valuation Theory.

IMPRESS YOUR GRANDCHILDREN (OR CHILDREN OR YOURSELF)

Dave Shafer

Tuesday, March 3rd, 1:00 P.M. to 3:00 P.M.

When trying to help me with my phone skills my grandson said - "It's true what they say about old people" Ouch! But we geezers know a zero-technology trick or three that they don't, or you will after taking this class. Impress them with easy to learn simple tricks with string, coins, cards, your finger, your elbow, the back of your hand and the world-famous paper hexaflexagon. You can also teach them hyperbole. Intrigued? You can even impress fellow geezers who don't take this class. Note: results may vary but we guarantee you will have fun.

Now, can anybody help me with my phone?

Dave Shafer has been a frequent presenter at the Bigelow Center for many years on a wide variety of topics. His main passion is opera (people die) and operettas (nobody dies). He is multi-talented and full of surprises.



CONTEMPORARY STUDIO GLASS MARBLES, SPHERES, AND ORBS

Mark Block

Tuesday, March 10th, 10:00 A.M. to Noon

Over the past half-century, the creation of glass marbles has evolved into a uniquely American art form..transforming marbles from simple toys to intricate works of glass sculpture...showcasing exceptional creativity, technical mastery and individuality. This course will give you a view into this fascinating art form filled with color and light.

Mark Block is a leading authority on contemporary marbles and the modern glass art movement. The author of several books on the subject, he is credited with with coining the term "Contemporary Marble Movement." He continues to write and deal in contemporary studio art.

SENSING PERU: AN IMMERSIVE FOLKLORE EXPERIENCE

Silvana Deigan, Artist

Tuesday, March 10th, 1:00 P.M. to 3:00 P.M.

A journey designed not just to teach you about Peruvian culture, but to let you feel it. You will travel through the Coast, the Andes, and the Amazon as if you were truly there; hearing the rhythms of Afro-Peruvian drums, sensing the heartbeat of the mountains through ancestral dances, and stepping into the vibrant spirit of the jungle. Through storytelling, gentle guided imagination, music, color symbolism, and the deeper meaning behind traditional outfits and rituals, you will discover how each dance is a living expression of history, identity, and spirit...a sensory, and cultural journey that invites you to connect with Peru in a way that is alive, intimate, and unforgettable.

Silvana Deigan is an artist and an active organizer for the Hispanic community in New Haven. Her love of art and dancing has led her to study the art of Peru and Egypt. Her art is on permanent display at the "Lost in New Haven" Museum. She is currently working on forming a women's group with the goal of supporting, empowering, and healing them through art, dance, and more.



WHAT IS FASHION, PART 2

Ellen Gang

Tuesday, March 17th, 10:00 A.M. to Noon

A fun overview of the history of fashion examining how the past has influenced and inspired fashion of today. Bring your old pictures to class.

In addition to 25 years of experience in the fashion industry, Ellen Gang has taught for many years at F.I.T. in New York City, Sacred Heart University, and The Ellen Gang Design Studio--where teens and young adults learn to experience the joy of design. Her industry experience includes serving as Director of Design & Merchandising at Knitwaves, Inc., a fashion-forward children's clothing company.

THE AMERICAN WING OF THE MET TURNS 100

Dr. Marcie Slepian

Tuesday, March 17th, 1:00 P.M. to 3:00 P.M.

The American Wing recently celebrated its 100th anniversary with a reinstallation of a wide array of treasured art works. Paintings by notable American artists such as Winslow Homer, J.M. Whistler, Mary Cassatt, and Thomas Eakins animate the galleries. Learn about the greatest highlights of these 75 galleries, covering the mid-17th to the mid-20th century.

Dr. Marcie Slepian has an A.B. in Art from Brown University, a PhD in Art History from Yale University and has been an art educator in Connecticut for almost 40 years. She has taught art history courses at the Senior Center for about 10 years. While paintings are her specialty, she has a passion for antique furniture.



BIRDING WORKSHOP

Chris Petherick

Tuesday, March 24th, 10:00 A.M. to Noon

Chris will provide a thorough introduction to making your yard attractive to our feathered friends discussing: bird feeding, critter defense and other ways of attracting birds to your environs. He will discuss the most common, local backyard birds and what to expect during the spring migration!

Chris Petherick is a lifelong birding enthusiast who, with his wife Sue, owns the Wild Birds Unlimited Nature Shop on Black Rock Turnpike. Chris has been an avid birder since taking classes at the Buffalo Science Museum and spending summer days at the local Audubon Center. He loves attracting birds to his backyard with feeders as well as birding in the field.

WESTPORT PUBLIC ART COLLECTIONS: CELEBRATING 60 YEARS

Ive Covaci

Tuesday, March 31st, 10:00 A.M. to Noon

Join us to learn about the treasures of the Westport Public Art Collections (WestPAC), over 2000 works of art on display in public schools, municipal buildings and parks throughout Westport. This talk will provide a brief history of the collection since its founding in 1965 with a mission to make original works of art part of the daily life of students and residents.

In recent years, WestPAC has also organized numerous exhibitions, including at MoCA\CT and the Westport Library, to make its artworks accessible to a broader public audience. Ive will introduce the current music-themed exhibition, Art, Jazz + the Blues, on view at MoCA\CT through April 26th, discuss the 19 outdoor sculptures that form part of the collection, and give an overview of the activities of the dedicated volunteers that care for the art.

Ive Covaci serves as the head of exhibitions and education at the Westpac Committee. She has been a member of the Committee since 2016. She is also a curator and adjunct professor at Fairfield University.

